

**Coastal Health & Wellness
Governing Board
April 29, 2021**

Board Members

Conference Call:

Samantha Robinson
Milton Howard, DDS
Flecia Charles
Elizabeth Williams
Jay Holland
Dorothy Goodman
Dr. Thompson

Staff:

Kathy Barroso, Executive Director
Cynthia Ripsin, MD (phone)
Hanna Lindskog, DDS
Eileen Dawley (Phone)
Richard Mosquera (phone)
Andrea Cortinas
Debra Howey
Tikeshia Thompson Rollins

Excused Absence: Virginia Valentino

Unexcused Absence: Miroslava Bustamante and Victoria Dougharty

Items 1-8 Consent Agenda

A motion was made by Jay Holland to approve the consent agenda items one through eight. Dr. Howard seconded the motion and the Board unanimously approved the consent agenda.

Samantha Robinson, Board Chair, suggested adding any shared policies approved by United Board of Health that affects the Coastal Health & Wellness staff to the Governing Board agenda as a separate item.

Item #9 Executive Reports

Kathy Barroso, Executive Director, presented the April 2021 Executive Report to the Board. Kathy informed the Board that CHW have resume late clinic operations at the Galveston location and entered into an agreement with the City of Galveston Police Department for security services for evening clinic.

Dr. Ripsin, Medical Director, provided the Board with the following updates:

Review of ongoing programs for improved care at CHW

- **CPAN: Child Psychiatry Access Network**
 - Born out of concern about a severe shortage of psychiatric and behavioral health providers for adolescents and children
 - Supported by the state of Texas
 - Has been active for 2 years but the pandemic has increased its outreach efforts
 - 17 academic centers across the state
 - Our partner is UTMB
 - Provides us immediate psychiatric consultation
 - They commit to a call back from a Child Psychiatrist within 30 minutes
 - Guidance from psychiatry
 - Support for finding follow up care for the patient by the CPAN support staff
- **Diabetes**
 - Collaborating with the National Farmworkers Group
 - Diabetes Self-Management Education and Support Program

- *DSMES provides an evidence-based foundation to empower people with diabetes to navigate self-management decisions and activities. DSMES is a cost-effective tool proven to help improve health behaviors and health outcomes for people with diabetes.*
- This is much like the PCMH accreditation.
- We are forming a committee to move us through the process and will have the support of the NFW as we move toward accreditation.
- Once we complete the process, we'll be a site for empowering patients to proactively manage diabetes and prediabetes to improve outcomes.
- **Colorectal Screening collaborative**
 - Partnering with UT – Houston
 - Their team has come on site to our clinics and shadowed our staff
 - We've met with their team after the review and began discussions of improvements we can make to increase our screening rates
 - Specific items for collaborations
 - providing us with IT support to make maximal use of our electronic health record to capture screenings
 - problem-solving issues that negatively impact our screening rates
 - eg. Transportation to pick up and drop off FIT kits.
- **Hypertension Grant**
 - HRSA had directly partnered with the American Heart Association on this initiative which provides the resources for us to empower our patients to actively monitor their BP in the home which is a much better way to identify controlled v uncontrolled BP
 - This includes monthly webinar support experts from the American heart Association
 - The home monitors we are supplying our patients are on back order, but we hope to get them the first week of May

A note on cervical cancer screening

- The pap test is done routinely by all primary care providers
- It is designed to detect early changes in the cervix that can lead to cervical cancer
- Cervical cancer in the US is much less common since most women are screened routinely
- When we see cervical cancer, it is usually in women who have not had adequate screening, often in underserved patients like ours
- When a pap test is abnormal the next step is a closer look at the cervix called colposcopy.
- Many primary care clinics have to refer out for this procedure but due to our partnership with UTMB Family Medicine which manages our prenatal clinic, Dr Ibadapo-Obe performs colposcopy for our patients with abnormal pap tests.
- Just in the past 6 weeks she has identified two patients in our practice who have cervical cancer.
 - Both women had no symptoms at all
 - This early identification is quite likely lifesaving for these 2 women as well as others who are able to have pap screenings with colposcopy follow up when needed

Dr. Lindskog, Dental Director, updated the Board on Dental services in the Coastal Health & Wellness Clinic:

- Dental is using the CDC reuse protocol for N95 respirators but are preparing to transition to single use.
- Dental continues to follow all COVID-19 Dental State board requirements and CDC recommendations while providing all dental services

- The Galveston Dental Clinic is open Tuesday, Wednesday and Thursday and Texas City is open Monday-Saturday. We will begin seeing patients in Galveston on every other Monday starting in June.
- Dental has two dental assistant vacancies but have a temporary working with us currently.
- Dental has started seeing patients under the Ryan White grant. The initial grant was through March 31st, 2021. The Resource Group has sent us the contract to renew for \$100,000 for April 1, 2021- March 31, 2022.

Item #10 Consider for Approval March 2021 Financial Report

Andrea Cortinas, Chief Financial Officer, presented the March 2021 financial report to the Board. A motion to accept the financial report as presented was made by Jay Holland and seconded by Dr. Howard. The Board unanimously approved the motion.

Item #11 Consider for Approval Quarterly Visit and Collection Report Including a Breakdown by Payor Source for Recent New Patients

Andrea Cortinas, Chief Financial Officer, presented the quarterly visits and collection report including a breakdown by payor source for recent new patients. A motion to accept the report as presented was made by Jay Holland and seconded by Dr. Howard. The Board unanimously approved the motion.

Item #12 Notice of Grant Award - American Rescue Plan Act Funding for Health Centers

Andrea Cortinas, Chief Financial Officer, presented the notice of grant award from the American Rescue Act Funding for Health Centers. Andrea gave the Board a breakdown on how funds could be used and informed the Board that the notice of grant award will be brought to the next Governing Board Meeting for approval. Jay suggested using funds to add an entryway at the Galveston Clinic.

Item #13 Consider for Approval Quarterly Access to Care Report for the Period Ending March 31, 2021

Kathy Barroso, Executive Director, presented the quarterly access to care report for the period ending March 31, 2021. Kathy informed the Board the number of scheduled appointments were up and in comparison, to last quarter things are trending in a positive direction. A motion to accept the access to care report as presented was made by Dr. Howard and seconded by Flecia Charles. The Board unanimously approved the motion.

Item #14 Consider for Approval Quarterly Patient Satisfaction Survey Results for the Period Ending March 31, 2021

Kathy Barroso, Executive Director, presented the patient satisfaction survey results for the period ending March 31, 2021. Kathy informed the Board that we had overall average of a 4.73 for this quarter in comparison to 4.79 average last quarter. A motion to accept the patient satisfaction survey results was made by Jay Holland and seconded by Dr. Howard. The Board unanimously approved the motion.

Item #15 Consider for Approval Quarterly Compliance Report for the Period Ending March 31, 2021

Richard Mosquera, Chief Compliance Officer, asked the Board to consider for approval the quarterly compliance report for the period ending March 31, 2021. A motion to accept the compliance report as presented was made by Dr. Howard and seconded by Elizabeth Williams. The Board unanimously approved the motion.

Item #16 Consider for Approval Amendment to the Risk Management Training Plan

Richard Mosquera, Chief Compliance Officer, asked the Board to consider for approval amendment to risk management training plan. Rocky informed the Board that there were two minor changes to the plan on page three.

ii: “adding” CHW does not provide prenatal, postpartum or labor/delivery services. Patients receiving these services are referred to the University of Texas Medical Branch for such procedures.

iv: “removing” OB/GYN from the plan.

A motion to accept the risk management training plan as presented was made by Dr. Howard and seconded by Jay Holland. The Board unanimously approved the motion.

Item #17 Consider for Approval No-Show Policy

Kathy Barroso, Executive Director, asked the Board to consider for approval the no-show policy. Kathy informed the Board that there were several changes to the now no-show and cancellation policy, the agreement, and letter to patients. A motion to accept the no-show policy with the recommended changes was made by Dr. Howard and seconded by Elizabeth Williams. The Board unanimously approved the motion.

Item #18 Consider for Approval Infection Control Goals & Responsibilities for 2021

Debra Howey, Infection Control Nurse, presented the infection control goals & responsibilities for 2021. A motion to accept the infection control goals & responsibilities as presented was made by Dr. Howard and seconded by Jay Holland. The Board unanimously approved the motion.

Item #19 Consider for Approval Re-Privileging Rights for Carlos Tirado, MD

Cynthia Ripsin, Medical Director, asked the Board to consider for approval re-privileging rights for Carlos Tirado, MD. A motion to accept re-privileging rights for Carlos Tirado, MD was made by Jay Holland and seconded by Dr. Howard. The Board unanimously approved the motion.

Comments:

Kathy Barroso, Executive Director, informed the Board that she has one Coastal Health & Wellness patient that may be interested in becoming a Board member and will share information with Jay Holland. Samantha Robinson, Board Chair, requested that updates on Board member vaccines be added to the agenda as a standard item until all positions are filled.

Richard Mosquera, Chief Compliance Officer, will verify and let Tikeshia know if Coastal Health & Wellness will need to add an executive session to the next Governing Board agenda in regarding to the salary of Interim Executive Director.

Samantha Robinson, Board Chair, suggested going forward if the United Board of Health has an item on their agenda that affects Coastal Health & Wellness that it also be add to the Governing Board agenda for review and or approval.

Samantha Robinson, Board Chair, requested that Eileen Dawley, Chief Nursing Office, update the Board at the next meeting on all notifications (Joint Commission and HRSA) regarding the new interim Executive Director. Rocky, will work on submitting documentation that is required by HRSA. Samantha Robinson, requested that an update on notifications regarding Joint Commission and HRSA be added to the next Board agenda.

Samantha Robinson, Board Chair, requested that discussion regarding future Board meetings being held via zoom or returning to in-person Board meetings be added to the next agenda.

The meeting was adjourned at 1:10p.m.

Samantha Robinson
Chair
4.29.21
Date

Virginia Valantsev
Secretary/Treasure
4/29/21
Date