

# MEN'S

# HEALTH

# WEEK



# EVENTS

June  
**12**  
9-10 AM

## Living a Healthy Lifestyle

Join our public health nurses as they speak about living healthy lifestyles.

 Coffee Connection  
9300 Emmett F. Lowry Expy, Suite 222, Texas City

June  
**13**  
9-11 AM

## "Let's Talk" Men's Panel

Discussions on every day challenges affecting men.

Featuring:    Health  
Gulf Coast Center on Mental Health at 9:00-9:35 am  
Family Service Center on Fatherhood at 9:45- 10:20 am  
UTMB (Dr. Dike) on Physical Health at 10:30-11:00 am

 Mid County Annex Community Room  
9850-A Emmett F. Lowry Expy, Suite A104, Texas City

June  
**15**  
9-11 AM

## Health Screenings @ Head Quarters

Join us for FREE health screenings including blood pressure, blood sugar and oxygen level checks.

 Head Quarters Barbershop  
6318 FM 1765, Texas City

June  
**16**  
9-11 AM

## Health Screenings @ U Already Know

Join us for FREE health screenings including blood pressure, blood sugar and oxygen level checks.

 U Already Know Barbershop  
8719 Hwy 6, Hitchcock

For more information, please contact:  
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Galveston County  
Health District  
GCHD.ORG

