



## Storing Meat and Poultry

<b>ITEM</b>	<b>REFRIGERATOR</b>	<b>FREEZER</b>
<i>Bacon</i>	7 days	1 month
<i>Sausage</i>	1-2 days	1-2 months
<i>Ground meat</i>	1-2 days	3-4 months
<i>Steaks</i>	3-4 days	6-12 months
<i>Chops</i>	3-5 days	4-6 months
<i>Roasts</i>	3-5 days	4-12 months
<i>Poultry (whole)</i>	1-2 days	1 year
<i>Poultry (pieces)</i>	1-2 days	9 months
<i>Soups/ stews</i>	3-4 days	2-3 months
<i>Cooked meat</i>	3-4 days	2-6 months