



GALVESTON COUNTY HEALTH DISTRICT

Protecting and promoting the optimal health and well-being of Galveston County.

Welcome to the Galveston County Health District's Diabetes Management Class.

We're eager to help you learn more about monitoring your blood glucose, healthy food options, meal planning, understanding food labels and so much more.

Below are a few questions that help us get a better overall picture of your needs, which will allow us to provide information specific to you.

Filling out the questionnaire is simple.

Save this document to your computer, answer the questions below, hit save again and then email your finished form to chs@gchd.org.

Name: _____

Phone Number: _____

Do you give us permission to text/
call you at this number?

Yes

No

Email Address: _____

Do you give us permission to email
you at this address?

Yes

No

When were you diagnosed with diabetes (month and day)?

What medications are you currently taking?

Are there any additional topics you'd like to discuss?